BUILD THE BEAT

MAIN ACTIVITY

Participants work together to create one original beat in BandLab. The facilitator guides the production process while participants make the creative decisions and take turns directly contributing.

PARTICIPANT INVOLVEMENT

- Choose sounds and decide where they should be placed.
- Take turns directly adding sounds into BandLab.
- Choose between musical options and decide what should stay, move, or be removed.
- Experiment with drums, bass, melody, samples/vocals, and effects.

60-MINUTE SESSION

TIME	SECTION	WHAT HAPPENS
0–10	Opening Lesson	Introduce the five musical layers and demonstrate them with the demo beat.
10–15	BandLab Intro	Show sounds, placement, playback, and how participants will interact.
15–45	Build the Beat	Choose sounds, determine placements, take turns entering elements, experiment, and build together.
45–55	Finishing Touches	Adjust volumes, add effects, try vocal effects such as chipmunk pitch, and make final decisions.
55–60	Final Playback	Listen to the completed Rise CAM beat from beginning to end.

FACILITATOR APPROACH

Demonstrate techniques as they naturally come up. Participants should be involved in the production decisions rather than simply watching the facilitator create the beat.